

154 svar



Godkänner svar



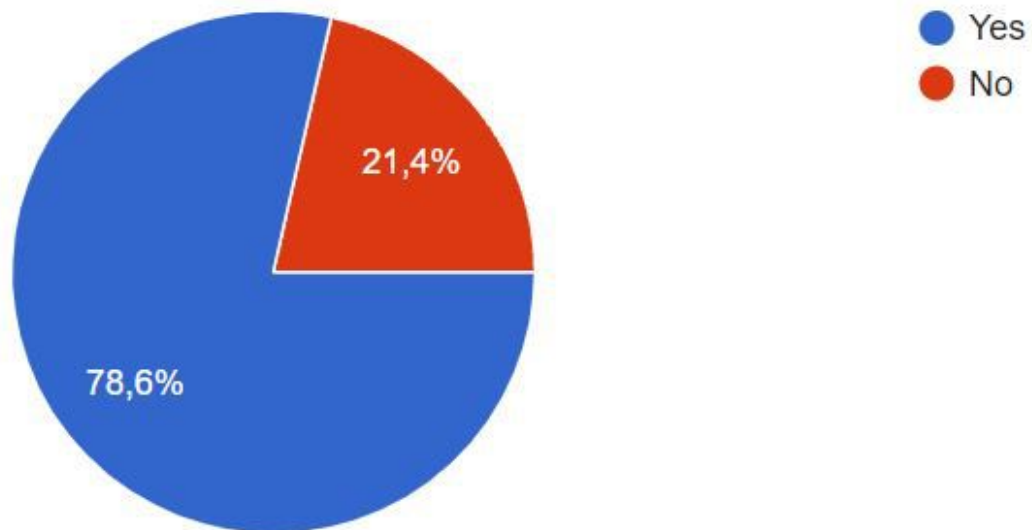
Sammanfattning

Fråga

Enskilda svar

Do you ever experience skin problems (e.g. acne, eczema)?

154 svar



If so, what kind of problems?

114 svar

Acne

Acne

Eczema

Atopic eczema

Cystic breakouts under the skin

I experience a lot of rashes during the summer time , due to allergies, I can literally just touch grass and my skin will become red and swollen and start to itch. Everything I touch (during the summer), I will get a rash from

Dark spots and lacks lustre

Acne & eczema

If so, what kind of problems?

114 svar

Plooks resulting in scars. Very dry skin

Acne as a teen, followed by a decade of using harsh creams to keep it away! Now I experience rosacea (redness) with lots of causes because my skin is so depleted/sensitive.

Acne and eczema

pimples and oily skin

Both acne and eczema

Acne, oily skin while also having extremely dry, itchy, flakey skin and eczema.

Eczema, hives, acne

Psoriasis

Redness, occasional pimples

If so, what kind of problems?

114 svar

Redness, occasional pimples

sensitive to sun, sweat and other substances; hormone-related occurrence of red spots, fungal infections

Acne, blackheads

Sun triggered eczema and breakouts

Acne (not severe) / pimples

Eczema, acne, allergies, water bumps

Skin allergy (mild cholinergic urticaria), acnes, sometimes rashes...

acne

Zits

If so, what kind of problems?

114 svar

Mainly acne...

Different kinds of acne. As a teen I had small bumps all over my forehead. I tried many different products but they did not help. At last I got a cream from the doctor that helped. There was some bleach in it that burned on the skin and miscoloured a towel. Now at KTH I get more "normal" pimples during exam periods.

Acne, athletes foot

eczema

xerosis (dry skin)

I have strawberry skin (red bumps on my arms and face) and acne

Acne, eczema, rashes, dermatitis,...

Dry skin

If so, what kind of problems?

114 svar

Acne sometimes

acne due to stress

Eczema and acne

Acne, sometimes eczema

Rosacea

Hormonal acne

Acne, rashes, adult acne

Pimples

Spots

If so, what kind of problems?

114 svar

Some acne

Small spots of eczema, occasionally some acne, dry sensitive skin in general

Some pimples, but it's not very bad

Acne and "fet/glansig hy"

Exzema

Acne, sometimes

I have fat skin and I often get pimples.

A bit of acne.

oily and dry skin at the same time. Blackheads in t-zone but very dry cheeks

If so, what kind of problems?

114 svar

Mostly occasional pimples.

Acne, psoriasis

Used to have acne

Light acne

Acne and keratosis pilaris

Minor acne mostly due to humidity and diet

eczema, body acne, etc

acne!

Some pimples from time to time

If so, what kind of problems?

114 svar

Eczema around mouth and nose

Acne and acne scars, redness

Acne and eczema on hands

Zits of different kinds

Acne and eczema.

Blackheads, dullness, dryness, irritation & sensitivity

Acne and / or eczema. Worts on hands and feet.

Eczema, dryness, psoriasis

Zits(?)

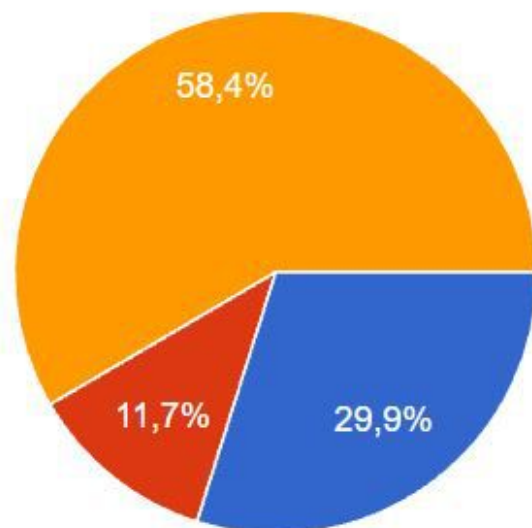
Acne on my face/back, eczema on my body (due to swimming, chlorine water)

Foot Fungus

Excess tallow on the t-zone

How does your skin make you feel and if it is in a bad state affect your day to day life?

154 svar

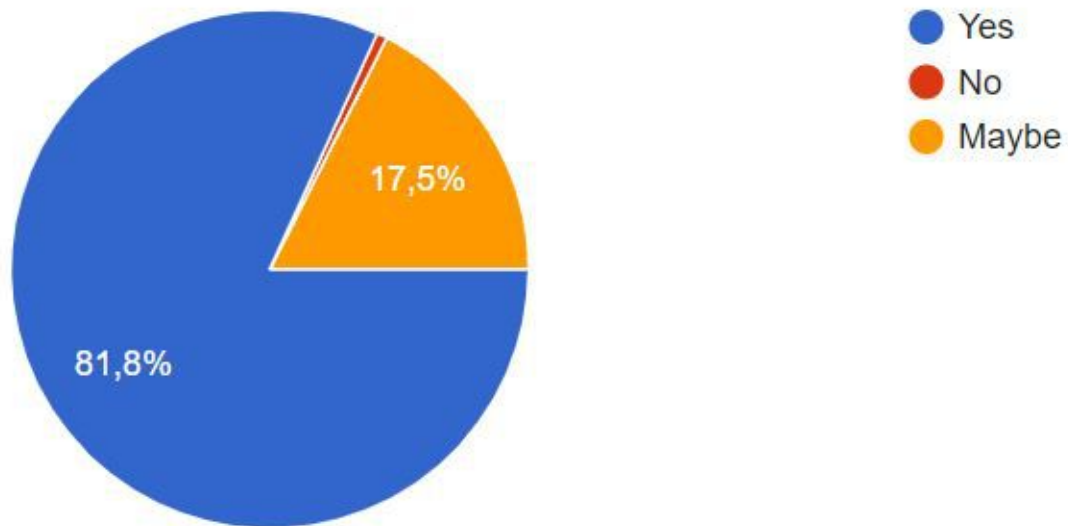


- It leads to insecurity: I will hide it using make-up, a beard, my hands
- It does not affect me at all
- It affects me a little bit; I feel bad when I see it, but forget about it soon thereafter

Would you want to know if the state of your skin is linked to your skin microbiota?

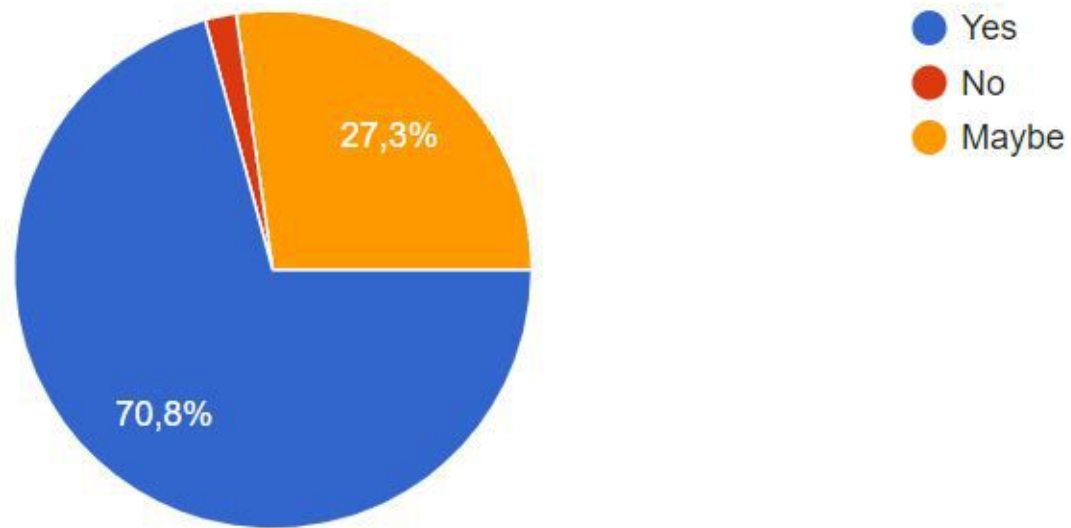


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If a quick test for detection of a microbial imbalance on the skin existed, would you want to use it?

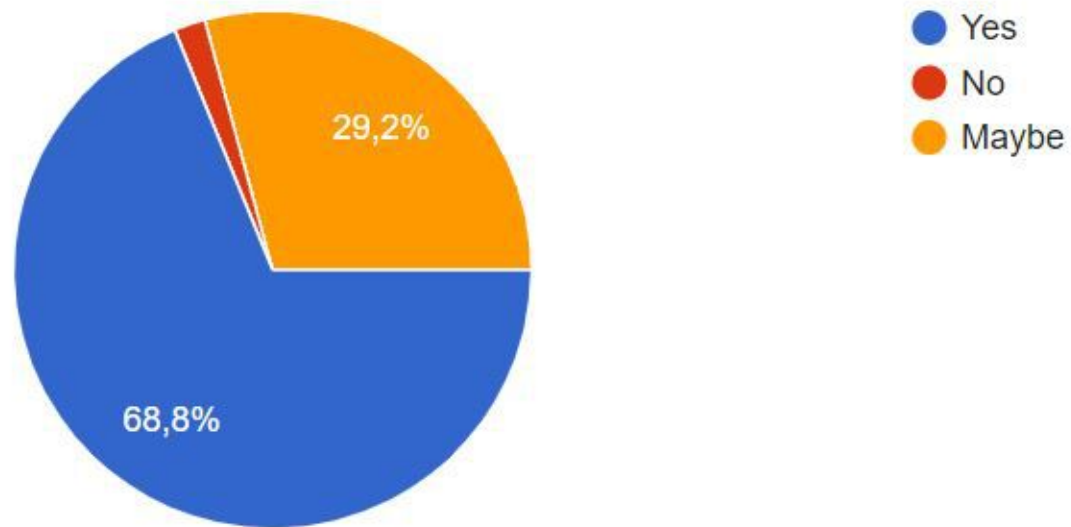
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Would it help you to know any skin problems you have might be due to an imbalance in skin microbiota?



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Do you have anything else you want to tell us concerning your skin and the possibility of a microbial skin imbalance?

25 svar

Besides the looks, the pain of the breakouts affects my mental health

Not only do I get rashes very easily. I also have keratosis pilaris, which, from what I understand, is non harmful and non infectious

It would be great to know how long skin dysbiosis can last after e.g. antibiotics, anti-acne treatments, etc! I still have sensitivities 15+ years after I used prescription acne medication and wonder if there was a permanent change/damage induced at the time.

I would not feel the use of a test if it is not linked to a solution.

I would only take the test if it had been shown that it was linked to the microbiota

I answered maybe on a lot of the questions, since I don't know if there is a way to fix an imbalance in the skin microbiota. If not, I don't think I would like to take a test for it.

Maybe? I recently learned that strong(ish) acne treatments such as salicylic acid, exfoliators and especially antibiotic treatments (obviously) kill off the good bacteria that prevent skin problems such as acne and

Do you have anything else you want to tell us concerning your skin and the possibility of a microbial skin imbalance?

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eczema. I was prescribed one called Acnatac as a teen which has an antibiotic agent in it, and I believe it can be linked to how bad my skin has been in the years after. I also heard on a show about skincare and testing on svt, that there is a cream called Bepanthen sensicontrol, which is enriched with prebiotics to restore the natural microbiota of the skin! According to one of the doctors/scientists on this show this cream is one of the only over-the-counter treatments that can really help with eczema. Might be worth looking into. Good luck you guys! <3

What would such a test lead to? What could you do if you know it's from an imbalance

I m 30 years old. I have skin problems since the age of 14. My acne gets worse when I m under stress and when I eat slightly worse quality of food. In general I always have bad skin. I keep my skin clean and I do not touch it. I take a gut bacteria supplement 2x day. I m doing sports 3x week. I hope this info helps.

I wouldnt Use it now, But a few years back, when my acne was at its Worse and i took pills for it, Yea.

I would definitely buy it if there wpuld be a test for skin microbiota

I would like to know if there is a solution as well. If my skin problems are due to microbial imbalances, what is the solution? Or is there no solution?

Do you have anything else you want to tell us concerning your skin and the possibility of a microbial skin imbalance?

25 svar

My skin feels differently after I use different products, even of like hydrating creams.

No

Nop

I would be interested if I knew how to fix it too.

Are skin disorders easier to treat if we know there is a skin microbiota imbalance causing them? If yes, my answers would probably lean more towards yes.

Nothing that I can think of.

Love this idea for people dealing with severe acne. Will share with my friend that is a big skin care advocate

I don't know if I want to know if it is because of microbial skin imbalance since I don't know if that will help the healing process. Can it help the doctors to give me the correct cure

It would be nice to give a "how to get your skin back to balance" suggestion with it because the test stand alone does not help me much (as I know very little about the topic)

It would be interesting (and helpful) if this test was to be implemented in skin professional clinics rather than something the patient would have to do on their own. Very interesting approach though!

Taking natural skin-beauty supplements, eating food rich in prebiotics definitely helped.